

CHAMONIX-MONT-BLANC TOURIST OFFICE

# PRACTICAL GUIDE



otcham@MDammasso

# SUMMER 2020



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# LIFTS

**Wearing a mask is mandatory on the cable cars.**

## **AIGUILLE DU MIDI**

For an unforgettable experience, travel up to the world of very high mountains and admire the superb 360° panoramic views over the Swiss, Italian and French Alps.: the exceptional is made accessible in roughly 30 minutes.

### **Discover:**

**The Mont-Blanc wing:** Enjoy a panoramic view over 3 legendary summits (Mont Blanc, Mont Maudit, Mont Blanc du Tacul) whilst keeping nice and warm behind vast glass windows. Additionally, discover beautiful pictures of mountaineers in action!

**The step into the void:** Dare enter this glass box and look down at the 1000 m precipice under your feet!

**The waiting area:** An opportunity to find out about the fascinating human and technical adventure of the building of the lift.

**The museum area:** Like a temple dedicated to climbers, mountaineers and adventurers, this is the place to gain a better knowledge and understanding of the frightening and awe-inspiring world of high mountains.

**The tube:** This 32-m long steel gallery allows you to walk right round the central pillar of Aiguille du Midi at an altitude of over 3700 metres.

Every day open from June 13<sup>th</sup>, 2020, according to weather conditions.

**FOR FURTHER INFORMATION** : contact Compagnie du Mont-Blanc  
Phone : +33 (0)4 50 53 22 75



## MER DE GLACE

Facing Les Drus and Les Grandes Jorasses, discover the famous Mer de Glace glacier in its summer setting.

From Chamonix, a 20-minute ride aboard the Montenvers rack and pinion train will lead you up to the foot of Mer de Glace (1913 m), the longest and largest glacier in France: 7 km long with a surface area of 40 km<sup>2</sup>.

Visitor attractions on site:

The crystal gallery: Hosts a nice collection of quartz and amethyst from the Valley. Find out more about the fascinating world of crystal-seekers.

The glaciarium: A small museum to learn about the formation, existence and evolution of a glacier through the ages.

The ice-cave: Dug out of the glacier every year, it contains ice sculptures which are a tribute to mountain life in the 19th century.

Warning: Access to the ice-cave is via a gondola followed by a 630-step staircase.

The Temple of Nature: with its innovative “optical theatre”.

The train runs Saturdays and Sundays in June and every day from July 4<sup>th</sup>, according to weather conditions. **The ice-cave will open from July 4<sup>th</sup>.**

For further information : Compagnie du Mont-Blanc – +33 (0)4 50 53 22 75.

## GRANDS MONTETS

The access to the Grands Montets area is possible over the Plan Joran cable car from Argentière.

From the arrival of the cable car, it is possible to hike until “Plateau de Lognan”, then to the view point (“Point de vue”) over the Argentière glacier.

**Be careful! The cable car is not for wheel chairs suitable and the trail is very rocky and steep in some places like the part between the arrival of the cable car towards Lognan!**

**NO ACCESS UNTIL THE GRANDS MONTETS SUMMIT!**

**Opening Saturdays and Sundays on July 4<sup>th</sup> until the end of August!**

# **WEATHER/MOUNTAIN SAFETY**

## **WEATHER REPORTS**

Weather reports are updated morning and evening and displayed at the “Maison de la Montagne” and in the tourist offices of the Valley.

7-day weather forecast: 32 50 or +33 (0)8 99 71 02 74

5-day weather report: [www.chamonix.com](http://www.chamonix.com)

## **MOUNTAIN SAFETY**

High Mountain Office (OHM) – La Chamoniarde:

Information and risk prevention centre dedicated to the safety of mountaineers and hikers.

Located on the last floor of the “Maison de la Montagne” (opposite the Tourist Office): +33 (0)4 50 53 22 08.

Daily open from June 8<sup>th</sup> to September 2020:  
9am – 12pm and 3pm – 6pm. Wearing a mask is mandatory.

## **EMERGENCY PHONE NUMBERS**

International emergency number: 112

PGHM (mountain rescue): +33 (0)4 50 53 16 89

# GETTING AROUND

## BY TRAIN

The SNCF railway line serves all the villages from Saint-Gervais / Le Fayet to Martigny (Switzerland), stopping in Servoz, Les Houches, Chamonix, Argentière and Vallorcine along the way. Free transportation between Servoz and Vallorcine with the “guest card”!  
Information at the SNCF railway stations or by phone: 36 35 – [www.sncf.com](http://www.sncf.com)

## BY BUS

Regular urban buses serve the whole Valley (free for “guest card” holders).

Chamonix Bus: +33 (0)4 50 53 05 55 - [www.chamonix-bus.com](http://www.chamonix-bus.com)

## ON FOOT

The ideal solution to get around whilst enjoying the view after having left your car in one of the resort’s 3500 parking places.  
Very lively pedestrian area in the centre of town!

## « MULETS »

These minibuses offer free transportation around the centre of town. Wait at the “Mulet” bus stops and hop on and off as you please every 20 minutes throughout the year.

Minibus route: check the leaflet available at the Tourist office.  
Link with the main Chamonix-Bus network.

## TAXIS

List available in the tourist offices of the Valley.

Taxi rank by the train station: +33 (0)4 50 53 13 94.

# ACCOMMODATION

## BOOK YOUR STAY:

Whether you wish to stay for a day, a weekend or a week, Chamonix offers a complete range of accommodation, be it in the heart of town or in the neighbouring hamlets and villages.

You will find hotels of all categories, bed and breakfasts, campsites, holiday residences, rental chalets and apartments.

### Book your stay online :

- Log on to [www.chamonix.com](http://www.chamonix.com)
  - Click on « book online »
- Online service available 24/7

Or

### contact our booking service:

Open from Monday to Friday, from 10am to 12:30pm and from 1.30pm to 6pm.

Phone: +33 (0)4 50 53 99 98 – Email: [booking@chamonix.com](mailto:booking@chamonix.com)

Book your stay 24/7 on: <http://booking.chamonix.com>



## **THE GUEST CARD:**

Your accommodation provider should issue you with a free guest card upon your arrival.

**For people staying in the Valley for free (with family or friends),** the guest card can be purchased in the Town Hall or tourist offices of the Valley for a cost of 10€ per person and per week.

This card gives you free access to public transport (Chamonix Bus and Mont-Blanc Express train line) in the Valley, between Servoz and Vallorcine\*, as well as discounts on the entrance to public facilities such as the swimming pool, ice-rink, museums, car parks...

Find out more about these offers in the leaflet provided with the guest card.

### **\*Beware!**

The free travel offer on the local train has been created to make easier the journeys inside the Chamonix valley and is therefore only valid for a journey beginning and ending at stations located between Servoz and Vallorcine.

For travel outside this perimeter, the SNCF (French National Railway Company) requires each passenger to have a valid ticket covering their entire journey.

# **SPORTS & LEISURE ACTIVITIES**

## **Outdoor activities**

Hiking, mountaineering, paragliding, mountain biking, outdoor adventure courses, ziplining, white water sports, golf, tennis... For an introduction to these sports or more advanced coaching, professionals are at your disposal to help you enjoy these activities in the best possible conditions and in a safe environment. More information available in the tourist offices of the Valley.

## **LOISIRS ASSIS EVASION: +33 (0)6 73 39 81 78**

Specially qualified mountain professionals offer trail hikes in the mountains in a 4X4 wheelchair or can lend you a “joëlette” (deposit required).

## **FISHING**

Permitted with a daily, weekly, fortnightly, monthly or annual license. Sold in the tourist offices of Chamonix, Vallorcine, Les Houches and Servoz during the fishing season.

## **PANORAMIC HELICOPTER FLIGHTS**

Chamonix Mont-Blanc Helicopters (CMBH): +33 (0)4 50 54 13 82  
[info@chamonix-helico.fr](mailto:info@chamonix-helico.fr) – [www.chamonix-helico.fr](http://www.chamonix-helico.fr)

Panoramic helicopter tours over the Mont Blanc Massif taking off from Argentière (a village located about 8 km from Chamonix). Tours ranging from 75€ per person (Aiguille Verte tour) to 200€ per person (flight over the entire Mont Blanc Massif). Prices on a basis of 6 people per helicopter; Chamonix Mont-Blanc Helicopters is at your disposal to help constitute groups of 6 people.

Wearing a mask is mandatory.

# **SPORTS CENTRE - CHAMONIX**

**Phone : +33 (0)4 50 53 09 07**

**214, av. de la Plage. Email: [sports@chamonix-mont-blanc.fr](mailto:sports@chamonix-mont-blanc.fr)**

**Special rates upon presentation of a disability card.**

**Opening times and prices available at the sports centre or at the Tourist Office. Opening according to the distance and hygiene rules**

## **SWIMMING POOL, SAUNA, HAMMAM: +33 (0)4 50 53 23 70**

**An indoor swimming pool (comprised of a 25-metre pool and a smaller pool) and an outdoor area open in July and August including a 50-metre pool, a paddling pool with various water games, a leisure pool with massaging jets, and a park. Opening dates and times not available yet.**

## **TENNIS AND SQUASH: +33 (0)4 50 53 28 40**

**17 courts (quick and clay courts) including 2 indoor courts, 2 squash courts, 5 “quick” courts and a wall.**

## **ICE RINK: +33 (0)4 50 53 12 36**

**Closed during summer 2020.**

## **FITNESS GYM: +33 (0)4 50 53 23 70**

**With or without coaching. Weekly fitness classes. From 16 years old.**

## **BOULDERING WALL:**

**Chamonix Sports Centre: +33 (0)4 50 53 09 07**

**180 m<sup>2</sup> and 800 holds. Climbing shoes are mandatory. Not accessible to children under 6 years old. 6 to 14-year-olds must be accompanied by an adult. Opening dates and times not available yet.**

# **INDOOR CLIMBING CENTRE IN LES HOUCHES**

**Mont-Blanc Escalade : +33 (0)4 50 54 76 48 - Z.A. les Trabets 2**

**Beginner to expert level routes. Gear rental on site.**

**Liquid chalk mandatory! Wearing a mask in the rest room mandatory!**

# SHORT FAMILY HIKES

Here are a few suggestions of easy walks (from 5 minutes to 2 hours), accessible to all, with picturesque little chalets offering nice food and drinks for a bit of self-indulgence along the way!

## FROM CHAMONIX MONT BLANC

### • THE BOIS DU BOUCHET LOOP

About 1 km long and adapted to all disabilities, this shaded walk is ideal to discover the Valley's natural heritage, alone or as a family.

Located just a few minutes from the city centre, you will find several explanatory panels along the path and learn plenty about the mountains, forest and wildlife.

This educational trail is also accessible from the village of Les Bois, where you will find a young forest bearing testimony to the retreat of the glaciers, the remains of an old quarry and beautiful views over dizzying summits.

### • CHALET DES MOTTETS (1 638 M) - Phone: +33 (0)6 80 95 30 87

Views over Mer de Glace, Les Drus and Le Nant Blanc.

Starting points: the village of Les Bois or the Planards car park

(1h45min). Take-away possible, according to weather conditions.

Also accessible on the way down from Mer de Glace.

### • CHALET DU CERRO (1 358 M) - Phone: +33 (0)6 44 27 22 41

Panoramic view over the terminal section of the Bossons glacier. In June open Saturdays and Sundays and according to the weather conditions during the week; open every day in summer.

Leave from the car park on the right before the entrance to the Mont Blanc Tunnel (20 min) or from the Grépon car park under the Aiguille du Midi cable-car, near the information point (1 hour), or from Les Songenaz in Les Bossons (1 hour).

• **DARD WATERFALL (1 233 M) - Phone: +33 (0)6 30 87 95 89**

A superb 20 m high waterfall. Small mountain restaurant daily open according to weather conditions.

Starting points: follow the path on the left from the small car park before the last bend in the road leading up to the Mont Blanc Tunnel (5 min) or leave from the Grépon car park under the Aiguille du Midi cable-car (45 min).

**LES GAILLANDS REFRESHMENT CHALET (1 035 M)**

At the foot of the Gaillands climbing site and across Les Gaillands lake. Every day open until 6pm according to weather conditions.

Starting points: accessible from the Gaillands car park or over an about 20 minutes 'stroll from Chamonix centre via "route des Pècles".

**IN LES BOSSONS:**

• **CHALET DU GLACIER DES BOSSONS (1 425 M)**

Phone: +33 (0)4 50 53 03 89 or +33 (0)6 70 21 89 75

Beautiful panoramic view over the seracs of the Bossons glacier and Mont Blanc. Daily open according to weather conditions.

Starting points: from the village of Le Mont (45 min) or from the top of the Bossons chairlift (10 min)

**IN LES PRAZ:**

• **CHALET DE LA FLORIA (1 337 M) - Phone: 06 23 50 37 76**

Beautiful view over the Mont Blanc range and the Aiguilles de Chamonix from this small flower covered chalet. Take away possible according to weather conditions.

Starting points: from the car park behind the golf (1h) or on the side of Route des Nants from the Belvédère, continue on Chemin de la Floria (50mn).

• **PARADIS DES PRAZ REFRESHMENT CHALET (1 040 M)**

Phone: +33 (0)6 63 10 42 38 – Take away according to weather conditions.

Located by a small stream in a shaded clearing in the forest, with children's games, a mini zipline and pony rides.

Starting point: Car park by the golf course in Les Praz (10 min).



## **IN LE LAVANCHER**

- **CHALET DU CHAPEAU (1 576 M): +33 (0)6 10 77 59 01**

Above the Arveyron gorges. Views over the north face of Les Drus, Mer de Glace, Les Aiguilles de Chamonix and the Chamonix valley.

Daily open according to weather conditions.

Starting points: the village of Le Lavancher (50 min) or the village of Les Bois (1h15min).

## **IN ARGENTIERE**

- **CRÈMERIE DU GLACIER (1 300 M): +33 (0)4 50 54 07 52**

In the forest at the foot of the Argentière glacier.

Leaving point: Lognan car park in Argentière, follow directions for the helicopter base (10 min).

There are many other hiking itineraries, ranging from easy walks to more technical hikes, not forgetting the scenic “balcony trails” which can be hiked in full or in part:

- The “Grand Balcon Sud” from the Col des Montets to Planpraz;
- The “Petit Balcon Sud” from Argentière to Merlet parc;
- The “Grand Balcon Nord” from Plan de l’Aiguille to Montenvers;
- The “Petit Balcon Nord” from the hamlet of Les Bois to the village of Le Tour.

Ask for the hiking map (€5) or the “map + guidebook” (€16) at the Tourist Office. Edited by the Tourist Office, these documents are regularly updated in collaboration with the Town Hall’s trails department. A “Mont Blanc region” hiking map is also available for €6.

# **NATURE & DISCOVERIES**

## **NATURE RESERVES**

**Phone: +33 (0)4 50 54 02 24    Email: [info@rnaiguillesrouges.org](mailto:info@rnaiguillesrouges.org)**

**The Aiguilles Rouges, Carlaveyron and Vallon de Bérard nature reserves cover a large part of the Aiguilles Rouges Massif.**

**The chalet-laboratory located at the Col des Montets (above Argentière) is open every day during the summer season from Mid-June until September. Off-season, ask for the opening times at the Tourist Office. Free admission.**

**In summer, nature guides can accompany you along the Col des Montets discovery trail and tell you about the local fauna, flora and geology.**

**In July and August, lectures and themed outings are organized every week in Argentière, Les Houches and Vallorcine.**

## **BUS TOURS**

**Tours leaving from Chamonix to Aosta, Milan, Turin, the Borromean islands, Geneva and Gruyère, as well as various other destinations.**

**Information and bookings in the tourist offices of the Valley: waiting for information from Chamonix bus which organises the tours.**

# FACILITIES & SERVICES

Brochure available on request at the Tourist Office.

## MARKETS – **Wearing a mask is mandatory!**

- In Chamonix, place du Mont-Blanc on Saturday mornings. Sale of local bread on the car park in front of *Carrefour Market* on Tuesdays from 4 pm to 7 pm;
- In Argentière, Fiz car park: on Sunday mornings (only in July and August);
- In Les Houches: on Monday mornings in front of the Tourist Office, (only in July and August), and every Wednesday from 3 pm to 7 pm at the “Pain de Chibon” – *route du Pont* (local products).

**CASINO:** +33 (0)4 50 53 07 65 – [www.casino-chamonix.fr](http://www.casino-chamonix.fr)

Place de Saussure. Open daily from 12.30 pm until 2 am.

Slot machines, double cylinder electronic roulette, black jack. Table games from 8.30 pm.

Minimum age: 18 years old and one day (I.D. card required to enter the casino).

## CINEMA

Vox Cinema, 22 Cour du Bartavel.

Digital sound, devices for the hearing impaired, wheelchair accessible room, free parking for subscribers, ticket machine at the entrance, French and foreign subtitled films; additional screenings in case of bad weather.

Programme on the cinema's answering machine: +33 (0)4 50 53 03 39

More information available in the tourist offices of the Valley.

[www.cinemavox-chamonix.com](http://www.cinemavox-chamonix.com).

## NIGHTLIFE

Nightclubs, bars, video bars and restaurants.

Live music and DJ's: in Chamonix : les Caves du Pèle, le Privilège, le Quartz bar (in Hameau Albert 1<sup>er</sup>), the « Maison des Artistes », l'Amnésia (Nightclub), le TOF (Nightclub), etc..., in Argentière, la Yaute café, etc...

More information available at the Tourist Office.

# CULTURE

## SERVOZ

**MAISON DU LIEUTENANT: +33 (0)4 50 54 39 76**

**Permanent exhibition: "Mountain agriculture at the heart of the area". In an exceptional 15th century building, discover an exhibition focused on mountain farming in the past and present. Find out about the traditional agricultural way of life in the mountains, look at today's modern farming techniques and explore the challenges of tomorrow's mountain agriculture.**

**Opening times: waiting for information.**

**Temporary exhibitions: ask for information in the tourist offices.**

**Free admission.**

**MAISON DE L'ALPAGE: +33 (0)4 50 47 21 68**

**Exhibition: "Agriculture and landscapes, the major transformations". The natural environment of the Chamonix valley is marked by the reworking and physical investment of mankind over the centuries. From the first shepherds to modern day farmers, the agricultural worker remains the historical witness to the evolution of landscapes and the region's transformation. Accommodated in a renovated farmhouse originally built in 1779, this richly illustrated exhibition highlights the fragile balance between man and his environment.**

**Free admission. Paid guided tours can be organized on request.**

**Opening period: waiting for information.**

## **LES HOUCHES**

**MUSEE MONTAGNARD ET RURAL: + 33 (0)4 50 54 54 74  
2, place de l'église.**

**The museum hosts a significant collection of traditional furniture, objects and utensils used for agro-pastoral activities in and around the village farmhouses and Alpine pasture chalets of the upper Arve valley until the 1950's.**

**Through a series of portraits and exhibitions of works and objects of art, visitors will discover past and present trades, characteristic of the Valley: artists, craftsmen, photographers, farmers and scientists.**

**The first floor replicates a traditional mountain home, bringing the rural heritage of this Alpine region back to life. Three rooms have been recreated: the *pèle* (the bedroom and living room), *outa* (the kitchen) and *sarto* (the pantry). Two rooms are used for hosting temporary exhibitions.**

**On the ground floor, objects relating to milk processing, carrying methods, field labour and local immigration in the 19th century are on display.**

**Temporary exhibition: "from the « korti » to the plate!"**

**Opening times: in July and August, every day except Tuesdays, from 2:30 pm to 6 pm.**

**Entrance fee: adults €4, reduced rate €3 upon presentation of the guest card, free for children up to 18 years old. Museum pass: €12 (unlimited access to the 5 museums in the Valley for a year).**



## **CHAMONIX**

**ALPINE MUSEUM: +33 (0)4 50 53 25 93**

**89, avenue Michel Croz (pedestrian area).**

**Exceptional documentation on the Valley's past, the history of mountaineering and skiing, mineralogy, cartography. Remarkable collection of engravings, lithographs and old posters.**

**Opening times: during June open from Thursdays to Sundays from 2pm to 5.30pm; opening times for July and August not available yet. Wearing a mask is mandatory.**

**Entrance fees: adults €5.90, reduced rate €4.90 upon presentation of the guest card, free for children up to 18 years old. Museum pass: €12 (unlimited access to the 5 museums in the Valley for a year).**

**ESPACE TAIRRAZ: +33 (0)4 50 55 53 93**

**Parvis Saint-Michel.**

**Mineralogical museum: beautiful collection of minerals from the Mont Blanc Massif and the Alps.**

**Same entrance fee as for the Alpine Museum.**

**Opening times: waiting for information.**

**Marcel WIBAULT MUSEUM (1904-1998): +33 (0)6 74 85 86 50**

**62, chemin du Cé (next to the Hermitage hotel).**

**Open from July 4<sup>th</sup> until Mid-September, visits on request only.**

**Entrance fee: €3 adults, free for under 25's.**

**Exhibition: waiting for information.**

## **MAISON DE LA MEMOIRE ET DU PATRIMOINE JANNY COUTTET**

**Phone : +33 (0)4 50 54 78 55 – 90, rue des moulins.**

**A museum dedicated to the heritage of the Chamonix valley through the preservation and promotion of its archives.**

**Temporary exhibition: three centuries of touristic photography in Chamonix 19<sup>th</sup>.**

**Opening times: Thursdays, Fridays, Saturdays and Sundays from 2 pm to 5.30 pm.**

**Entrance fee: adults €4, reduced rate €3 upon presentation of the guest card, free for children up to 18 years old. Museum pass: €12 (unlimited access to the 5 museums in the Valley for a year).**

## **VALLORCINE**

### **MAISON DE BARBERINE MUSEUM**

**Traditional restored house dating from the early 18th century, located in the hamlet of Barberine, near the Swiss border. A living account of Vallorcine's past, the museum houses a collection of traditional objects.**

**Ethnographical, historical, geological and botanical themed exhibitions. Also hosts works by various artists.**

**2020 exhibition: waiting for information.**

**Opening time: waiting for information.**

**Entrance fee: adults €4, reduced €3, free for children up to 18 years old.**

**GUIDED TOURS OF CHAMONIX – waiting for information from the French Government concerning the guide's profession around Mid-June.**

**GUIDED TOURS** in French every Thursday at 10 am: find out about the history of Chamonix with a heritage guide from mid-June to mid-September. 1<sup>st</sup> visit on June 18<sup>th</sup>.

Upon request for groups and coach tours.

Information and bookings in the tourist offices of the Valley.

Price: €9 / person.

Contact: [visitechamonix@hotmail.fr](mailto:visitechamonix@hotmail.fr) /

Chamonix Tourist Office: +33 (0)4 50 53 00 24

**« EN VISITE SIMONE ! » GUIDED TOURS**

Theatrical guided tours: "Chamonix, a hero factory", upon reservation only, for groups from at least 5 persons.

[www.en-visite-simone.com](http://www.en-visite-simone.com) or +33 (0)7 68 55 50 86 - waiting for information.

**SMALL TOURIST TRAIN:**

Waiting for information.

**CHRISTINE'S CULTURAL TOURS**

Themed tours organized by a certified guide-lecturer.

Argentière and its baroque church, holiday villas, Chamonix cemeteries, hamlets and villages of the Valley...

Prices: from €12 to €30 per person.

Further information: waiting for information

Booking: +33 (0)6 07 21 51 90. Not

## **THE 5 SENSES WALK for DISABLED PERSONS**

**The photographer/author Teresa Kaufman suggests a 5 SENSES WALK to disabled visitors - visually impaired, hard of hearing or autistic youngsters – in the Chamonix valley. This 5 SENSES WALK takes place in a preserved natural environment, silent and stress-free. The walk is not strenuous and is easily accessible on foot after a 10-15-minute walk on an uphill slope to get to the starting point of the itinerary. Participants are welcome to bring their favourite recording device to capture the experience: a camera, smart-phone, dictaphone, sketch-pad...**

### **The cost:**

**Prices start at 150 euros for 1 to 3 participants. No charge for the educator or parent, accompanying the disabled participant(s). It will be possible to accommodate a larger group upon request.**

**Booking / further information: +33 (0)6 08 95 89 42 / [www.teresakaufman.com](http://www.teresakaufman.com) – waiting for information.**

## **EMERGENCY PHONE NUMBERS**

- Rescue department: 18
  - Emergency medical assistance service and on-call doctor: 15
  - International emergency number from a mobile phone: 112
  - P.G.H.M (mountain rescue): +33 (0)4 50 53 16 89
  - Ambulances: +33 (0)4 50 53 46 20
- 
- Haemodialysis and Nephrology Centre of the Hospital of Pays du Mont-Blanc - 384, route de l'hôpital, Sallanches: +33 (0)4 50 53 22 00
- 
- Hospital Emergency Department (Chamonix hospital, route des Pèlerins): every day open from mid-July until the beginning of September from 8am to 8pm.  
In Spring and Autumn: contact the Hospital of Pays du Mont-Blanc in Sallanches. Phone: +33 (0)4 50 53 84 00

## **NIGHTS / SUNDAYS AND PUBLIC HOLIDAYS**

- On-call doctor: 15
- On-call dentist: +33 (0)4 50 66 14 12
- On-duty pharmacy: information available in the tourist offices of the Valley.

## **ARGENTIÈRE, CHAMONIX, LES HOUCHES, SERVOZ :**

**General practitioners, specialist doctors, pharmacies, dental surgeons, masseurs, physiotherapists, nurses, pedicures, chiropodists, psychoanalysts, speech therapists, veterinarians.**

**Detailed list available on request in the tourist offices of the Valley.**





**Chamonix Mont Blanc Tourist Office:**  
74400 Chamonix Mont-Blanc  
Phone: +33 (0)4 50 53 00 24  
[info@chamonix.com](mailto:info@chamonix.com) – [www.chamonix.com](http://www.chamonix.com)

**FIND ALL THIS INFORMATION AND MUCH MORE ON OUR WEBSITE:**  
[www.chamonix.com](http://www.chamonix.com)

Two pay car parks located 200m away from the Tourist Office have places for people with reduced mobility.

- The Outa car park (car park with barriers) has two places for people with reduced mobility. To go and visit the Tourist Office coming from this car park, go on the path on the right side of these car park places, continue in front of the public toilets and then along the car park. At the end of the car park, continue straight away on the pavement along the Mont-Blanc hotel and its restaurant "Le Matafan". You will find the Tourist Information Office just after the hotel on your left side;
- The underground pay car park Saint-Michel has places for people with reduced mobility on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> floors (which are the only floors with access to the lift). To reach the Tourist Office from this car park, please go on the bridge located in front of the car park, then go down on the access ramp on the left side of the church and continue straight away in front of the Mountain House (Maison de la Montagne) until a second access ramp which will directly lead you in front of the Tourist Office.

**"Best of the Alps" is the common brand name for the best holiday destinations in the Alpine regions. Each member of this prestigious group responds to its international clientele's highest expectations. Ultramodern infrastructure, an authentic mountain village atmosphere and a complete range of quality services, offer the guarantee of a great and unforgettable holiday, summer and winter alike. The "Best of the Alps" resorts wish you a warm welcome!**



Last update: 13/06/2020